

ABOUT THE THINK WELLBEING CENTRE

The Think Wellbeing Centre offers a unique and holistic approach to health by bringing together three leading colleges in natural therapies, beauty therapy and counselling and psychotherapy under one roof.

This is a student centre offering the latest in approach and techniques at affordable prices. All sessions are supervised by qualified and experienced practitioners.

Treat your whole self to a range of health and wellbeing services at The Think Wellbeing Centre at Pyrmont Campus.

For availability and to book please call
1300 738 256
email: wellbeingpyrmont@think.edu.au

RECEPTION HOURS

Monday–Friday 9am – 7pm

Saturday 9am – 5pm (ACNT & ANCB)
9am – 5pm (JNI)

*Please note: Due to the academic calendar, not all treatments are available at all times. Please contact the Think Wellbeing Centre for availability.



CONTACT US

Level 1, 235 Pyrmont Street, Pyrmont, NSW 2009
1300 738 256



acnt.edu.au/think-wellbeing-centre



ancb.edu.au/think-wellbeing-centre



jni.edu.au/think-wellbeing-centre

wellbeingpyrmont@think.edu.au

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THINK WELLBEING CENTRE

AUSTRALASIAN COLLEGE OF NATURAL THERAPIES 

Australian National College of Beauty 

JANSEN NEWMAN INSTITUTE 

AUSTRALASIAN COLLEGE OF NATURAL THERAPIES

ACNT is a leading college of natural therapies in Australia, training 2000+ students from around the world each year. Our treatments are supervised by experienced naturopaths, nutritionists and massage therapists to ensure the highest standard of quality.

Massage Treatments

Relaxation Massage

This massage rejuvenates tired muscles and counteracts life's daily stress leaving you with a feeling of pure relaxation.

1 hr – \$20

Remedial Massage

A therapeutic massage that targets deeper layers of muscle tissue to treat a variety of ailments pertaining to the musculoskeletal system.

1 hr – \$30

Natural Therapies

Consultations include a holistic and comprehensive health assessment in which students consult with qualified supervisors to develop a treatment plan. Please allow 1.5hrs - 2.5hrs in total for your initial appointment.

Nutrition consultation

Clients receive individual dietary recommendations, as well as specific nutritional supplement advice.

Initial consultation 2.5 hrs max – \$15

Follow up 1.5 hrs max – \$7

Naturopathy consultation

Clients are treated with dietary advice, herbal remedies, flower essences and nutritional supplements as each individual requires.

Initial consultation 2.5 hrs max – \$15

Follow up 1.5 hrs max – \$7

AUSTRALIAN NATIONAL COLLEGE OF BEAUTY

ANCB is a leader in beauty training for those seeking five star qualifications in beauty therapy. Our treatments are supervised by internationally accredited, highly experienced beauty therapists to ensure the highest standard of quality. Services available include:

Facials

ANCB Facial	1hr	\$39
Intensive Facial	1.5hr	\$46
Relaxation Facial	1.5hr	\$46
The Beauty Package (ANCB Facial, Manicure or Pedicure and Eye Lash Tint)	1.5hr	\$49

Waxing

Full Leg	1hr	\$29
Bikini	30min	\$11
Half Leg	30min	\$16
Arm	30min	\$14
Eyebrows	30min	\$11
Back	30min	\$24
Chin	20min	\$7
Chest	30min	\$24
Lip	20min	\$7
Underarm	20min	\$10

Waxing Packages

Half Leg, Bikini & Underarm	1hr	\$30
Full Leg, Bikini & Underarm	1.5hr	\$43
Eyelash, Eyebrow Tint & Wax	45min	\$20
Lip & Eyebrow	30min	\$16

Tinting

Brow	20min	\$8
Eyelash	30min	\$13
Eyelash & Brow	30min	\$14

Manicure

Standard	45min	\$26
French	1hr	\$30
Paraffin	1hr	\$30

Pedicure

Standard	45min	\$26
Paraffin	1hr	\$30

Spa Treatments

Stone Massage Treatment	1.5hr	\$45
Body Scrub & Massage	1.5hr	\$45
Dry Body Brushing, Body Wrap & Moisture	1.5hr	\$40
Body Exfoliation, Mud & Steam Treatment	1.5hr	\$45

Hydro Active Mineral Salt Bath & Relaxation Massage	1.5hr	\$50
Indian Head Massage Treatment	1hr	\$30
Microdermabrasion Treatment	1hr	\$46

JANSEN NEWMAN INSTITUTE

JNI is a highly respected counselling, psychotherapy and community services college. The JNI services at The Think Wellbeing Centre will guide you through your life transitions and provide you with powerful coping mechanisms to help you manage any challenges you may be facing. Our goal is to work with you to seek solutions and change.

COUNSELLING & PSYCHOTHERAPY SESSIONS -

Student Centre

All student interns are carefully selected by the Jansen Newman Institute faculty to ensure that you get the highest quality counselling experience possible. Your confidentiality is always assured. Sessions are available for individuals, couples and families.

50 min \$30

COUNSELLING & PSYCHOTHERAPY SESSIONS -

Experienced Clinic

In addition to the Low Cost Counselling Clinic, JNI also offers counselling through its 'Experienced' Clinic. This is staffed by experienced counsellors and psychotherapists, many of whom lecture and supervise interns at JNI. Sessions are available for individuals, couples and families.

50 min The cost for these sessions is negotiable dependent of the counsellor's fees and the client's financial situation.

Due to the nature of our clinic, if you are interested in booking a counselling or psychotherapy session, please contact our reception on 1300 738 256 or email wellbeingpyrmont@think.edu.au to register your interest and complete a Client Intake form. Once we have received this, we will contact you to arrange an appointment with an appropriate counsellor.